



教育图书



功能学具



学生之家

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30⁺年专注教育行业

全品学练考

默写本

主 编 肖德好

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Unit 1 Face values

词汇助读	课文	翻译助读
① big <i>adj.</i> 重大的, 重要的 ② individual <i>adj.</i> 独特的, 与众不同的 ③ interview <i>n.</i> 采访 ④ appreciate <i>v.</i> 欣赏 ⑤ psychologist <i>n.</i> 心理学家 psychology <i>n.</i> 心理 [U] 心理学 social/child psychology 社会/儿童心理学 ⑥ accounting <i>n.</i> [U] 会计 ⑦ put <i>v.</i> (以某种方式) 说, 表达 put it 表达, 表述 as...put(s) it 就如……所说 ⑧ plain-looking <i>adj.</i> 相貌平平的 ⑨ ever since 自从 ⑩ remove <i>v.</i> 清除, 除去 ⑪ freckle <i>n.</i> (尤指脸上的) 雀斑, 斑点 ⑫ enlarge <i>v.</i> (使) 增大, 扩大 ⑬ slim <i>v.</i> 变苗条, 减肥 ⑭ jawline <i>n.</i> 下巴的形状 ⑮ addicted <i>adj.</i> 入迷的 ⑯ post <i>vt.</i> 张贴, 发布 ⑰ comment <i>n.</i> 评论 ⑱ boost <i>v.</i> 促进, 推动 boost one's confidence 增加某人的信心 boost profits/yields 提高利润/产量 ⑲ narcissist <i>n.</i> 自我陶醉者 ⑳ obsessive <i>adj.</i> 痴迷的, 迷恋的; 过度的 (含贬义) ㉑ indicate <i>v.</i> 表明, 显示 ㉒ a lack of self-confidence 缺乏自信 lack <i>n.</i> [U, sing.] & <i>vt.</i> 缺乏 a lack of... 缺乏…… lack sth 缺乏某物 ㉓ a desire for attention 渴望关注 ㉔ pretend <i>v.</i> 假装, 装作 ㉕ tend to do sth 易于做某事; 往往会发生某事 ㉖ misjudge <i>v.</i> 对 (人或情况) 判断错误 ㉗ care about 关心; 在乎	It's all about ME! <i>"Me". It's a small word with big^① meaning, and that meaning is as individual^② to each of us as the way we look. Through interviews^③, [1] I was able to discover what "me" means to other people, and how they have learnt to appreciate^④ the beauty in themselves.</i> Psychologist ^⑤ , Dr Hart [1]本句为主从复合句。what 引导宾语从句, 在从句中作 means 的宾语; how 引导宾语从句; and 为并列连词, 连接 what 和 how 引导的宾语从句。 Jade, 24, accounting^⑥ manager [2]As a song in <i>Ugly Betty</i> puts ^⑦ it, "It's a pretty person's world". I understand this more than most, as I have always been plain-looking ^⑧ . I'm a girl who'd love to look good. Well, who wouldn't? So, [3] ever since ^⑨ I discovered selfie apps that could remove ^⑩ my freckles ^⑪ , enlarge ^⑫ my eyes and even slim ^⑬ my jawline ^⑭ , I have become addicted ^⑮ . I spend hours every day editing my selfies, posting ^⑯ them and eagerly checking my phone a hundred times for comments ^⑰ . Each "like" boosts ^⑱ my confidence. Dad thinks I am a narcissist ^⑲ , but [4] what I say is that my pictures aren't hurting anyone, so who cares? Dr Hart says: Obsessive ^⑳ online photo editing indicates ^㉑ a lack of self-confidence ^㉒ and a desire for attention ^㉓ . However, the image Jade presents to obtain the praise of others is false. People who pretend ^㉔ to be someone they are not tend to ^㉕ misjudge ^㉖ themselves. [2]本句为主从复合句。as 引导方式状语从句。 [3]本句为主从复合句。ever since 引导时间状语从句; that 引导定语从句, 先行词为 selfie apps, that 在从句中作主语。 [4]what 引导主语从句, 在从句中作 say 的宾语; that 引导表语从句。 Anthony, 21, college student I never really cared about ^㉗ my appearance. [5] That's why I could never understand my sister, who has 17 lipsticks and can't decide which one to use every morning. I only used to have five identical ^㉘ pairs of trousers and five identical shirts. When I first moved into my dormitory ^㉙ at college, this made my roommates ^㉚ quite confused as they saw me in the same clothes day after day ^㉛ . Last month they registered me for ^㉜ a TV programme, <i>A New You</i> . It felt bizarre ^㉝ at first. I didn't like being reviewed from head to toe ^㉞ . But I was surprised at ^㉟ how good I looked after the makeover ^㊱ ! For the first time in my life I saw myself as a handsome and well-presented young man. At that moment, I perceived ^㊲	一切都关于“我”! “我”, 这个小小的字有着十分丰富的含义。对于我们每个人来说, 这个意义就像我们的外表一样是因人而异的。通过采访, 我得以发现“我”这个字对于其他人的意义, 以及他们如何学会欣赏他们自己的美。 心理学家哈特博士 杰德, 24 岁, 会计经理 正如《丑女贝蒂》里的歌曲所唱的那样, “这是个看脸的世界”。我比大多数人都更能理解这句话的含义, 因为我一直相貌平平。我是个爱美的女孩。好吧, 谁不是呢? 所以, 自从我发现自拍软件能消除我的雀斑, 拉大眼睛, 甚至削尖下巴, 我就用上瘾了。我每天会花数小时修我的自拍照, 发照片, 并频繁地打开手机, 迫切地查看评论。照片的每个“赞”都会增强我的自信。爸爸觉得我太自恋, 但我的解释是, 我的照片没有伤害其他人, 管它呢? 哈特博士说: 沉迷于修饰上传网络的照片, 其实是缺乏自信和渴望关注的表现。不管怎样, 杰德呈现给别人以博取赞美的形象, 都是虚假的。那些把自己包装成别人的人, 只会对自己产生错误的判断。 安东尼, 21 岁, 大学生 我向来不真正关心自己的外表, 所以我永远无法理解我姐姐。她有 17 支口红, 每天早上都不知道该用哪支好。而我以前只有五条一模一样的裤子和五件一模一样的衬衫。当我第一次搬进大学宿舍时, 室友看到我每天穿同样的衣服都十分困惑不解。上个月, 他们给我在一个叫《全新的你》的电视节目中了名。这让我最初感觉很奇怪。我不喜欢被从头到脚地审视。但经过一番打扮之后, 我很惊讶自己看起来是多么好看!

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②8 identical <i>adj.</i> 完全相同的; 非常相似的 be identical to/with ... 与……完全相同 ②9 dormitory <i>n.</i> 寝室 ③0 roommate <i>n.</i> (尤指大学里的) 室友 mate <i>n.</i> 同伴, 同事, 一同居住的人, 常用于构成复合词, 如 workmate (工友), teammate (队友) 等 ③1 day after day 日复一日 ③2 register sb for... 给某人报名参加…… ③3 bizarre <i>adj.</i> 古怪的; 奇异的 ③4 from head to toe 从头到脚 ③5 be surprised at... 对……感到惊奇 ③6 makeover <i>n.</i> (以新衣服、新发型等进行的) 打扮, 装扮 ③7 perceive <i>v.</i> 察觉, 注意到, 发觉 ③8 external beauty 外在美 inner beauty 内在美 ③9 worthless <i>adj.</i> 无价值的; 没用处的 ④0 overlook <i>v.</i> 忽视, 忽略 ④1 play a part in... 在……中起作用 ④2 make an effort 努力 ④3 leave an impression on sb 给某人留下印象 ④4 bother <i>v.</i> (使) 苦恼 ④5 drive <i>v.</i> 迫使, 驱使 drive sb to do sth 迫使/驱使某人做某事 ④6 nothing but 只有; 只是 anything but 决不, 根本不(用于强调) ④7 come across 偶然遇见; 偶然发现 ④8 stereotype <i>n.</i> 模式化的思想 ④9 keep fit 保持健康 ⑤0 skinny <i>adj.</i> 极瘦的, 皮包骨的 ⑤1 admire <i>v.</i> 钦佩, 赞美, 羡慕 admire sb for (doing) sth 因(做)某事而钦佩某人 ⑤2 acknowledge <i>v.</i> 承认(某事属实或某情况存在)	that external beauty[®] isn't totally worthless[®]. It can be an expression of our personalities, [6] <u>helping us make a good and positive impression on others.</u> Dr Hart says: [7] <u>It's true that inner beauty is very important, but external beauty shouldn't be completely overlooked</u>[®]. It plays a part in[®] the image we present to the world, and making an effort[®] with your appearance can leave a positive first impression on[®] others and boost your confidence. [5] 本句为主从复合句。why 引导表语从句; who 引导非限制性定语从句, 先行词为 my sister, who 在从句中作主语。 [6] 现在分词短语 helping us make a good and positive impression on others 作伴随状语。 [7] 本句为主从复合句。it 为形式主语, 真正的主语为 that 从句。 Emma, 17, senior high school student Ever since I was little, I've been larger than other girls. For a long time, this really bothered[®] me. People would stare at me because I was "big" and I hated the way I looked. My anxiety drove[®] me to try every means possible to lose weight, including dieting and weight-loss pills, but this brought me nothing but[®] pain and poor health. Everything changed when one day I came across[®] the success story of a plus-size model, Tess Holliday. Although she's larger than most other models, she's really attractive and has the confidence to be herself—even in an industry full of beauty stereotypes[®]. Her story changed my ideas about what it means to be beautiful. I realised that my health, mental and physical, is the most important thing. Now I exercise a couple of times a week but just to keep fit[®]. I mean, isn't it better that I'm large and happy, instead of skinny[®] and unhealthy? Dr Hart says: I completely agree with Emma—being healthy is beautiful, and we should wear that beauty with confidence. [8] <u>What I really admire</u>[®] is the way she has acknowledged[®] that good health not only makes us more beautiful, but happier, too! [8] 本句为主从复合句。what 引导主语从句, 在从句中作 admire 的宾语; she has acknowledged that good health not only makes us more beautiful, but happier, too 为定语从句, 先行词为 the way, 在这个定语从句中含有 that 引导的宾语从句	我人生中第一次发现, 原来自己也可以是个英俊又体面的年轻人。在那一刻, 我意识到外在美并非毫无价值。它可以表达我们的个性, 也有助于我们给他人留下良好、积极的印象。 哈特博士说: 内在美固然重要, 但也不能完全忽视外在美。外在美在我们呈现给世界的形象中扮演着重要的角色。努力提升你的外表可以给别人留下积极的第一印象, 增强你的自信。 埃玛, 17岁, 高中生 从小我就比其他女孩“块头大”。很长一段时间, 我都为此深受困扰。因为我“块头大”, 别人就会盯着我看, 我讨厌自己的样子。内心的焦虑促使我尝试各种可能的减肥方法, 包括节食和吃减肥药, 但是这样做毫无作用, 反而给我带来了痛苦和不健康的身体。有一天, 我偶然读到大号模特特丝·霍利迪的成功故事后, 一切都发生了转变。虽然特丝比大多数模特都壮, 但她真的魅力十足, 并且有信心做自己——即使是在这个对美的概念有着刻板印象的行业。她的故事改变了我对美的看法。我意识到, 自己身心健康才是最重要的事情。现在, 我每周锻炼几次, 但只是为了保持健康。我的意思是, 我壮实且快乐, 总比瘦却不健康要好吧? 哈特博士说: 我完全赞同埃玛——健康才是美丽的, 我们应该充满自信地接受这样的美丽。我真正钦佩她的一点是, 她认可健康的身体不仅使我们更美丽, 而且更快乐!

词汇助读	课文	翻译助读
① fall in love with 爱上……(表动作) be in love with 与……相爱(表状态) ② kidnap <i>v.</i> 绑架;劫持 ③ torture <i>v.</i> 拷打,拷问 ④ out of mercy 出于同情,出于怜悯 ⑤ capture <i>vt.</i> 俘获,捕获 capture one's heart 俘获某人的心 ⑥ be sentenced to death 被判死刑 sentence <i>vt.</i> 判决,判刑 ⑦ commit <i>v.</i> 犯罪;做出(错误或非法的事) commit a crime 犯罪 ⑧ rescue...from... 把……从……中拯救出来 ⑨ execution <i>n.</i> (尤指依法的)处死 ⑩ predicament <i>n.</i> 尴尬的处境 ⑪ in silence 沉默地,静静地 ⑫ graceful <i>adj.</i> 优美的,优雅的 grace <i>n.</i> [U] 优美,优雅 ⑬ repulsive <i>adj.</i> 令人厌恶的 ⑭ defect <i>n.</i> 缺点,缺陷,毛病 ⑮ hunched <i>adj.</i> 弓身的,弓背的 ⑯ comprehension <i>n.</i> 理解(力) beyond (one's) comprehension(某人)无法理解 ⑰ melancholy <i>n.</i> 忧郁,无名的伤感 ⑱ adjust to 适应…… ⑲ break the silence 打破沉默 ⑳ wretch <i>n.</i> 可怜的人 ㉑ exclaim <i>v.</i> (因惊讶、愤怒或兴奋而)呼喊,惊叫 ㉒ heartfelt <i>adj.</i> 衷心的	The Hunchback of Notre-Dame [1] <i>Published in 1831, The Hunchback of Notre-Dame tells a tragic story of events in Paris. Esmeralda's beauty means that many men fall in love with^① her. One such man sends the hunchback Quasimodo to kidnap^② Esmeralda. But Quasimodo fails and is captured and tortured^③ in public. Esmeralda hears his call for water, and steps forwards out of mercy^④. She offers Quasimodo a drink of water, which saves him and also captures^⑤ his heart. When Esmeralda is later sentenced to death^⑥ for a crime she did not commit^⑦, Quasimodo rescues her from^⑧ an angry crowd outside the Notre-Dame Cathedral. Esmeralda is safe from execution^⑨ [2] as long as she stays inside the cathedral...</i> [1] published in 1831 为过去分词短语作状语, published 与句子主语存在逻辑上的动宾关系。 [2]画线部分为 as long as 引导的条件状语从句,此处 as long as 意为“只要”。 Esmeralda and Quasimodo were still for several moments, as they considered their predicament^⑩ in silence^⑪, she so graceful^⑫, he so repulsive^⑬. Every moment Esmeralda discovered some fresh defect^⑭ in Quasimodo, as her glance travelled from his knock knees to his hunched^⑮ back, from his hunched back to his single eye. [3]How anyone could be formed in such a way was beyond her comprehension^⑯. [4]Yet there was so much melancholy^⑰ and so much gentleness spread over all this that she gradually adjusted to^⑱ it. He was the first [5]to break the silence^⑲. “So you were telling me to return?” She moved her head, and said, “Yes.” He understood the motion of the head. “But!” he said, [6]as though hesitating whether to finish, “I am—I am deaf.” “Poor wretch^⑳!” exclaimed^㉑ Esmeralda, with an expression of heartfelt^㉒ compassion^㉓. He began to smile sadly. “You suppose that was all that I was missing, do you not? Yes, I am deaf, that is the way I am made. It is horrible, is it not, next to your exquisite^㉔ beauty!” There lay in the accents^㉕ of the unfortunate man so significant an awareness of his sadness that she had not the strength to utter^㉖ a syllable^㉗. In any case^㉘, he would not have heard her. He continued: [7]“Never have I viewed my ugliness as at the present moment. When I compare myself to^㉙ you, I feel an immense^㉚ pity for myself, poor unfortunate monster^㉛ that I am! Be honest, to you I must resemble^㉜ some savage^㉝ creature. You, you are a ray	巴黎圣母院 《巴黎圣母院》于 1831 年出版。它讲述了一个发生在巴黎的悲惨故事。埃斯梅拉达的美貌使许多男人为她倾倒。这些倾慕者中有一个人派驼背的卡西莫多去绑架埃斯梅拉达。但卡西莫多失败了,在公共场合被捕并遭受酷刑。埃斯梅拉达听到他对水的呼唤,怜悯之心油然而生。她给卡西莫多递上水,这不仅拯救了他的生命,也俘获了他的心。后来当埃斯梅拉达因莫须有的罪名被判死刑时,卡西莫多从巴黎圣母院大教堂外愤怒的人群中救下了她。只要她留在教堂内,就可以免于被处决的危险…… 埃斯梅拉达和卡西莫多许久没有动,默默地思考着自己的处境,一个是那样优美,一个是那么令人厌恶。随着埃斯梅拉达的目光从卡西莫多的弯腿移到驼背,再从他的驼背移到独眼上,每一刻她都在他身上发现新的毛病。她难以理解一个人怎么能长得如此畸形。但这一切都弥漫着如此多的忧郁和温柔,她渐渐地适应了。他首先打破了沉默:“那么你是叫我回来吗?”她点点头,答道:“是的。”他明白点头的意思。“不过!”他说,似乎犹豫着要不要说下去,“我是……我是聋子。”“可怜的人!”埃斯梅拉达喊道,发自内心地对他表示同情。他苦笑起来。“你觉得那就是我的所有缺陷,对不对?是啊,我是聋子,生来如此。真是可怕,不是吗?而你呢,却如此美丽!”从那不幸的人的语气里可以感受到他对自身的悲衷心知肚明,以至于她连一个音节都无力说出。何况即便回答,他也无法听到。他接着说道

词汇助读	课文	翻译助读
②③ compassion <i>n.</i> 同情, 怜悯 ②④ exquisite <i>adj.</i> 精美的, 精致的 ②⑤ accent <i>n.</i> 口音 ②⑥ utter <i>v.</i> (尤指吃力地)发出(声音) ②⑦ syllable <i>n.</i> 音节 ②⑧ in any case 无论如何 ②⑨ compare... to... 把……与……相比; 把……比作…… compare... with... 把……与……相比 ③⑩ immense <i>adj.</i> 巨大的 ③⑪ monster <i>n.</i> 怪物 ③⑫ resemble <i>v.</i> 像; 与……类似; 与……相似 ③⑬ savage <i>adj.</i> 野蛮的; 未开化的 ③⑭ dew <i>n.</i> 露水 ③⑮ whilst <i>conj.</i> 而; 然而 ③⑯ coarse <i>adj.</i> 粗糙的 ③⑰ downtrodden <i>adj.</i> 受压迫的 ③⑱ pebble <i>n.</i> 卵石 ③⑲ heartbreaking <i>adj.</i> 令人悲伤的 ④① expression <i>n.</i> 表情; 神色 ④② intently <i>adv.</i> 专心地; 一心一意地 ④③ attempt to do sth 企图做某事 ④④ repay <i>v.</i> 报答 repay sb with sth 用某物报答某人 repay sb for sth 报答某人某事 ④⑤ profound <i>adj.</i> (感情)强烈的, 深切的 ④⑥ tenderness <i>n.</i> [U] 柔情 tender <i>adj.</i> 温柔的, 亲切的 ④⑦ a point of honour 事关名誉的大事 ④⑧ keep/hold sth at bay 阻止某事发生; 使某物不能接近 ④⑨ adaptation <i>n.</i> 改编版	of sunshine, a drop of dew^{②③}, a birdsong, whilst^{③⑮} I am something terrible, neither human nor beast. I don't know what I am, as I am coarser^{③⑯}, more downtrodden^{③⑰}, and plainer than a pebble^{③⑱}!” [3]how anyone could be formed... 是 how 引导的主语从句, how 表示方式。 [4]so... that... 意为“如此……以至于……”, that 引导结果状语从句。 [5]不定式短语 to break the silence 作后置定语, 修饰 the first。当被修饰词是序数词或被序数词修饰时, 通常用不定式作后置定语。 [6]as though hesitating whether to finish 是方式状语从句的省略, 补充完整是 as though he was hesitating whether to finish。 [7]本句为倒装句。表示否定意义的词位于句首, 句子用部分倒装。 Then he began to laugh, and that laugh was the most heartbreaking^{③⑲} sound in the world. He continued: “Yes, I am deaf, but you shall talk to me with your hands as my master talks to me, and then I shall quickly know your wishes from the movement of your lips, from your expression^{④①}.” “Well!” she smiled, “Explain to me why you rescued me.” He watched her intently^{④②} while she was speaking. “I understand,” he replied. “You ask me why I rescued you. [8]You have forgotten an unfortunate person who attempted to kidnap^{④③} you one night, this same person to whom you showed kindness when he was being punished. A drop of water and a little pity—that is more than I can repay^{④④} with my life. You have forgotten that unfortunate soul, but he remembers it.” She listened to him with profound^{④⑤} tenderness^{④⑥}. A tear swam in the eye of Quasimodo, but did not fall. He seemed to make it a point of honour^{④⑦} to keep it at bay^{④⑧}. (Adaptation^{④⑨} from The Hunchback of Notre-Dame by Victor Hugo) [8]本句是主从复合句。“who attempted... one night”为 who 引导的定语从句, 修饰先行词 an unfortunate person, “to whom... being punished”为“介词 + 关系代词”引导的定语从句, 修饰先行词 this same person (此处关系代词位于介词之后, 故用 whom 而不用 who), 其中还包含一个 when 引导的时间状语从句	“我从来没像现在这般明白自己的丑陋。当我把自己同你比较时, 我就非常怜悯自己, 我是多么可怜的、不幸的怪物啊! 说实话, 你一定把我当成某种野兽了吧。你呀, 你就像一束阳光, 一滴露珠, 像鸟鸣声, 而我呢, 却是某种可怕的东西, 不像人也不像兽。我不知道我是什么, 我比卵石还要粗硬、卑微、不显眼!” 然后他笑了起来, 那是世界上最痛心的笑声。他接着说道: “是啊, 我是聋子。但你可以用手势对我讲话, 就像我的主人跟我说话那样。这样, 从你的口型和你的表情, 我很快就能明白你的意思。” “好啊!”她微笑着说道, “告诉我你为什么来救我。” 她说话的时候, 他专注地看着她。 “我明白了,”他回答道, “你问我为什么要救你。你忘了, 有一天晚上, 有个不幸的家伙想绑架你, 你却在他被惩罚时对他表示友善。我即使为你赴汤蹈火, 也报答不了你的滴水恩情和怜悯之心。你已经忘记那个不幸的人了, 他却还记着你的恩情。” 她带着深切的柔情听完他的话。一滴泪珠在卡西莫多的眼眶里滚动, 却没有落下来。似乎不让眼泪落下来, 他就可以维护自己的尊严。 (改编自维克多·雨果的《巴黎圣母院》)